

# But what's in it for me?

"It's great exercise and a lot of fun!"

"You can start at any age and it's a life-long sport."

"Curling is one of the most sportsmanlike games."

"It's much more fun than a treadmill!"

"You meet a lot of people who become friends for life!"

"Memberships are very reasonably priced."

"Great for multitaskers - socialize and exercise at the same time!"

"There is a lot of skill to the game to keep the mind sharp!"

You'll never know until you try it!



## Silver Fox Curling & Yacht Club

110 Water St., Summerside, PE

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[www.silverfox-pei.com](http://www.silverfox-pei.com)

Proud Hosts of the 2013  
Canadian Senior Curling Championship



## Silver Fox Curling & Yacht Club

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2010 - 2011 Season

## 2010-2011 Curling Club Executive

<b>President:</b>	Ralph Yeo
<b>Vice-President:</b>	Michelle Weaver
<b>Past President:</b>	Nancy Sinclair
<b>Secretary:</b>	Linda Manderson
<b>Treasurer:</b>	Vera Arsenault
<b>Seniors President:</b>	Walter Benson
<b>PEICA Representative:</b>	Rod MacDonald
<b>Junior Representative:</b>	Norma Sonier
<b>Directors:</b>	J. Leonard Gallant Pat Aylward Jeanne Duffenais Jean Matheson Robert Gallant Sheila Compton Gerald Caissy

These members were elected at the curling club's annual general meeting last spring. They voluntarily give a tremendous amount of their own time to benefit the club. Don't be shy to introduce yourself and approach them with your ideas and comments. By working together, we can keep our club growing and create a positive environment for all members!



## **Curling League Options**

(Subject to Change)

### **Ladies Curling**

Competitive League - Team Entry (foursomes)

➔ Tuesdays 6:15pm and/or 8:30pm draws

➔ Wednesdays 8:30pm draws

Individual Entry

➔ Thursdays 6:15pm and/or 8:30pm draws

### **Men's Curling**

Competitive League - Team Entry (foursomes)

➔ Tuesdays 6:15pm and/or 8:30pm draws

➔ Wednesdays 8:30pm draws

Individual Entry

➔ Thursdays 6:15pm and/or 8:30pm draws

### **Mixed Curling**

Competitive League - Team Entry (foursomes)

➔ Wednesdays 8:30pm draws

Individual Entry

➔ Mondays & Wednesdays 6:15pm draws

### **New Curlers Instruction**

Individual Entry

➔ Wednesday evenings TBC if there is enough interest

### **Seniors (Ages 50+)**

Competitive League - Team Entry (foursomes)

➔ Wednesdays & Fridays 10:00am draws

Individual Entry - Non-competitive

➔ Mondays, Wednesdays & Fridays 1:00pm draws

(teams will be made each day from those in attendance so you do not have to come every day or find spares)

### **Commercial/Business League**

Team Entry (representing a business)

➔ Sundays 5:30pm draws

### **Juniors (Ages 19 & Under)**

Little Rockers (8-10 yrs), Novice (11-13 yrs), Intermediate (14+ yrs)

➔ Mondays & Wednesdays 3:45pm - 5:00pm

Junior Competitive (Teams of four working with their own coach)

➔ Tuesdays & Thursdays 4:00pm - 5:30pm

**NOTE: When schools are closed, there is no junior curling.**

# The Silver Fox Grill

Our club is very fortunate to have a restaurant and lounge in the complex.

The restaurant offers daily lunch specials as well as evening service on Friday. The food is great and very reasonably priced. Our lounge is always open and is a comfortable place to relax with your teammates after a game or come down on the weekends to enjoy some live entertainment.

## Restaurant Hours

Monday - Friday 11am - 2pm  
Friday 5pm - 9pm

## Lounge Hours

Monday - Thursday 11am - 12am  
Friday & Saturday 11am - 1:30am  
Sunday 12pm - 10pm



# General Curling Etiquette

Just like all sports, there are a few general rules of etiquette observed by all curlers:

Can't Curl Tonight? When you are unable to make it to your scheduled game, tell your skip as soon as possible so a spare player can be found.

Do I Curl Early or Late? Curling draws and game schedules will be posted on the bulletin board and on the club's website. Know your schedule and arrive on time.

Clean Shoes & Brooms Please ensure that your shoes and the head of your broom are clean before you step on the ice. Dirt and debris can damage the ice surface.

Shake Hands Greet the opposing team and shake hands after the game. If you have time, stay and socialize in the comfort of our members' lounge afterwards. We're here to have fun and make friends!

Hurry-Up-And-Finish-Curling Bell A bell will ring 40 minutes before you must be off the ice. When you hear the bell, you may play one more end, then leave the ice.

Burn, Baby, Burn If you, your broom or clothing touch a moving stone, it is considered "burned" and must be removed from play. It cannot be re-thrown. Dropped hats, gloves, etc. can also burn a rock so please be careful.

Stand By Me As one team delivers and sweeps their rock, sweepers of the opposing team stand between the hog lines and to one side. Only the skip and the third player are allowed in the house between turns. Sweepers may sweep their own team's stone into the house. Once the stone comes to rest sweepers retreat to the area between the hog lines.

MEMBERSHIP ENTITLEMENTS*	
FULL MEMBERSHIP	Allows curling in as many leagues as the member is eligible for. Eligible for all club bonspiels and provincial events. Practice time is permitted and is subject to assigned sheets and availability based on first come/first served . Full membership is required to curl in the competitive senior league.
ONE NIGHT ONLY	Allows curling on one night per week (member's choice), no sparing, eligibility for all club bonspiels and provincial playdowns. Practice time is permitted and is subject to assigned sheets and availability based on first come/first served . Preference for practice time is yielded to those with full membership.
SENIORS (50+)	Limited to Mon., Wed. & Fri. 1:00pm draws. Eligible for all club bonspiels and provincial events but sparing and practice time are not permitted. This is a recreational league and teams are made up each day of those in attendance.
COMMERCIAL LEAGUE	Allows curling on Sunday evenings only. No sparing in regular leagues or practice time. Eligible for opening & closing club bonspiels and other bonspiels at the discretion of the curling executive. NOTE: Curling bell rule applies.
LITTLE ROCKERS, NOVICE & INTERMEDIATE	Allows curling on Mondays & Wednesdays 3:45 - 5:00pm. No sparing or practice. Eligible for junior bonspiels open to novice and other bonspiels at the discretion of the curling executive.
JR. COMPETITIVE	Allows curling on Tuesdays & Thursdays 4:00pm - 5:30pm and no sparing. Eligible for club bonspiels at the discretion of the curling executive. Team entries in competitive league if space allows. No practice unless coach is present.

\* All memberships include membership to the PEI Curling Association

## BONSPIELS

There are many weekend bonspiels that are open to club members and the general public. It's a great way to introduce your family and friends to curling! Bonspiel fees are not included in your membership but are very reasonable. Watch for sign up posters in the club lobby!

Events Calendar (all dates subject to change and/or additions/cancellations)		<u>January</u>	
		7-9	Hemphill GM Bonspiel
		28-29	Foxy Lady Bonspiel
<u>October</u>		<u>February</u>	
18	Ice is ready!	3-6	Men's Tankard
22-24	Commercial Opening	11-13	Farmers' Bonspiel
29-30	Senior Cashspiel	17-19	Mardi Gras Funspiel
<u>November</u>		<u>March</u>	
5-6	Chrysler Dodge Opening	4-6	12 /15 & Under
12-14	Junior Fall Fling	14-18	March Break
<u>December</u>		<u>April</u>	
3	Senior Cashspiel	1-3	Club Closing Bonspeil
17-18	Junior Cashspiel	4	Ice Plant Turned Off
20-22	Jingle Bell Bonspiel		

## VOLUNTEERING AT YOUR CLUB

The Silver Fox is a non-profit community complex so there are many opportunities to volunteer. Keeping expenses down allows us to keep all membership dues as low as possible. From serving at banquets to helping with bonspiels or ice maintenance, there is something for everyone. Many hands make light work!



All curling club members are members of the Silver Fox year round. This is your club so come and enjoy it whenever you can and tell your friends. We are proud to have one of the best clubs anywhere. Don't forget to take advantage of the members' lounge. It's beautiful and yours to enjoy!

# Curling Club Rules

**1. Rules of Play** The Silver Fox Curling & Yacht Club has adopted the Canadian Curling Association Rules of Curling for general play 2010-2011, including the Free Guard Zone. Rules of play and the Free Guard Zone Rule (4 Rock) Method of Play are posted on the club bulletin board.

**2. Time of Draws** All draws must start on time. Whenever a team is not ready to start play at the scheduled time and **10 minutes** have elapsed, the faulted team must **forfeit one point and the hammer**. After **20 minutes** have elapsed, the faulted team will lose an **additional one point and the hammer**. Once **25 minutes** have elapsed, the faulted team shall **lose by default**. The club clock on the scoreboard end shall determine the time.

## Examples:

<b>6:15pm Draw</b>	<b>8:30pm Draw</b>	<b>Consequences</b>
6:25pm (10 min. late)	8:40pm (10 min. late)	Score 1-0 at start of end 2
6:35pm (20 min. late)	8:50pm (20 min. late)	Score 2-0 at start of end 3
6:40pm (25 min. late)	8:55pm (25 min. late)	Game defaulted

**3. Club Second Draw Bell Rule** The curling bell will be sounded 40 minutes prior to the start of the second draw. Example - if the second draw start time is 8:30pm, the bell will be sounded at 7:50pm. All games in progress will be allowed to complete the end being played at the sound of the bell plus one additional end. In the case of a tie, skips will throw one stone each to determine the winner (sweeping permitted). The curling bell does not apply to teams on sheets which are not scheduled for the next draw. The club bell rule will be in effect for club curling bonspiels.

**4. Skip Responsibilities** Skips are responsible for having their teams present and ready to curl at scheduled times, including any spares that may be necessary.

## **5. Spares**

- \* Must be a minimum of 2 players from the original team.
- \* Skips are responsible for finding spares.
- \* In the mixed, men's & ladies' leagues a spare cannot normally play any position higher than the curler he/she is sparing for.
- \* In the competitive leagues, a spare can play any position.

Use of the spare lists is strongly encouraged. All regular (full membership) members are eligible to spare for other teams in positions indicated unless otherwise specified by the draw chairperson. However, spares will not be eligible for club team awards until they become a regular member of the applicable team. **Juniors, one-night, commercial and senior afternoon curlers are not permitted to spare.**

**6. Ice Maintenance** Curlers are not to proceed onto the ice surface until ice maintenance has been completed and ice personnel have indicated that play can commence. This restriction will rigidly be enforced to prevent possible accidents between ice maintenance staff and curlers warming up.

**7. Smoking** Smoking is prohibited everywhere in the complex. It is permitted outside at least 15ft away from doors and windows. We have a smoking shelter on the south side of the building near the lounge entrance.

**8. Food/Drink** Food and beverages are not permitted on or around the ice surface. Water is restricted to the walkway adjacent the viewing area and must be in plastic containers.

**9. Alcohol** Absolutely **no alcohol** is permitted beyond the rink entrances.

**10. Footwear** Footwear is to be clean and in good repair. Mechanical shoe cleaners are located at ice surface entrances and must be used **every time** before proceeding inside. If you have to leave the ice while play is continuing, clean your shoes again when you return to the ice.

**11. Draw Results** Thirds (mates) are responsible for ensuring the draw results are posted. Failure to do so will result in a "default" being recorded for both teams and zero points being allotted.

**12. Practice Ice** Practice ice time is available to members with applicable memberships **only on designated sheets**. Check the white board.

**13. Children** All children must at all times be in the care and control of a parent or guardian. Your cooperation is essential. Infractions of the PEI Liquor Control Regulations could result in severe penalties for our club. This is a very busy complex and we want to keep our children safe!

**14. Enforcing the Rules** It is your right and responsibility as a member to ensure enforcement of all club rules and regulations. Members should encourage others to perpetuate all facets of honesty, fair play, good sportsmanship and curling etiquette. If at any time you witness someone breaking a rule, please bring it to the attention of a staff member or the curling executive.

# Welcome to the Silver Fox!

Thank you for your interest in the Silver Fox Curling & Yacht Club! Curling is a fun winter sport that is great for people of all ages and athletic abilities, and getting started is easy!

## Getting Started

The first thing you should do is decide how often you would like to curl. Our curling season runs from mid-October to early April. We have evening leagues from Monday - Thursday as well as an afternoon league that is open to seniors only (50+). Sign up sheets will be posted on the bulletin board by the main entrance. Simply sign up on the day (or days) you'd like to play and the drawmaster will do the rest. Soon after the deadline to sign up, the schedules will be posted and you will know when you are curling and who is on your team. At the Silver Fox, we have three draws each season. This means you are not bound to the same night and teammates all year. The first draw will begin later in October, the second around the holidays and the third around March. You can sign up for the same night or a different night each time if you want. It's easy!

You also have to register in the office. The office staff will help you choose the right membership option based on how often you would like to curl. Payment options are very flexible and we offer a payment plan that can be spread out in as many as four installments for those who are interested.

## Equipment

We recommend that all of our members have their own broom. These can be purchased at the club and are very reasonably priced. Curling shoes or clean indoor shoes are required to wear on the ice. Wear comfortable clothes and that's really all you need to get started. A variety of curling gear like shoes, pants, gloves, brooms, etc. can be purchased at our club.

# The Basics

There are four players on a curling team, each throwing 2 stones per end. An "end" consists of both teams throwing all of their 8 stones. Whichever team gets their stone(s) closest to the centre of the rings gets the points. Games typically consist of 8 ends.

Team POSITIONS	
LEAD	Goes first in the throwing order, then sweeps all of the other team members' shots. Usually has easier shots as there are few stones in play.
SECOND	Throws second and sweeps all of the other team members' shots. Slightly more difficult shots as there are more stones in play.
THIRD (or MATE)	Throws third and holds the target (broom) for skip's shots. Sweeps only lead and second's shots. Has more difficult shots as many stones are usually in play. At our club, they are responsible for posting game results.
SKIP	Throws last and holds the target (broom) for all other players. Tells other players when and how to sweep and watches the curl of the stone. Has most difficult shots. Team captain.



## LOCKERS

Lockers are in high demand and limited supply. All curlers are welcome to use the locker rooms but please be careful with your belongings. The club is not responsible for lost items. Call or drop by the office to ask about locker availability.